

DISTRICT

201V3



JUNE 2021

ISSUE 5



V3 ROAR



A MOST UNUSUAL YEAR



The District team for 20-21 Lions year at the final Cabinet meeting on May 16

The final cabinet meeting under DG Graham’s leadership was held at Trafalgar on May 16. After a most unusual and difficult year Graham was pleased to share that 201V3 was presented an Outstanding Achievement Award for membership growth at the Multiple District Convention in Canberra.



DG Graham Cockerell with the Zone Chairpersons at the Cabinet meeting at Trafalgar

INSIDE THIS ISSUE

- District Officer Reports
- Victorian Lions Foundation
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- East Gippsland Milling project

DATES TO REMEMBER

JUNE

LCICON

- 25-29 Lions International Convention
- 26 Craft and Patchwork show
- Koo wee rup

JULY

- 11 District Changeover Lunch



International President makes Convention Call

In compliance with Article VI, Section 2 of the International By-Laws, I hereby issue the Official Call for the 2021 International Convention. Our 103rd International Convention will be held virtually. It begins on June 24 and ends June 29. The purpose of the convention is to elect a president, first vice president, second vice president, third vice president and 17 members of the International Board of Directors and to transact such other business as may properly come before the meeting.

LCICon 2021 will be Lions Clubs International's first-ever virtual convention. This new, exciting convention format gives every Lion around the world the opportunity to connect with each other and partake in the excitement that is LCICon. You'll be able to experience all your favorite aspects of convention without leaving your home.

The five convention days will feature renowned speakers, first-class entertainers, and, of course, Lions' convention traditions such as the grand parade, the swearing-in of the new international president and three plenary sessions that demonstrate the amazing range and scope of Lions' service. World-renowned Humanitarian, Malala Yousafzai, will be one of the special guest speakers. And a special Business Session gives Lions an opportunity to hear from 3rd Vice President and International Director candidates.

Convention week is a wonderful experience packed with fellowship, fun, and learning. Come spend time with fellow Lions, participate in one of the campfire sessions, and become inspired for another year of service.

Jung-Yul Choi

Dr. Jung-Yul Choi

International President





LCICON 2021 IS AROUND THE CORNER!

LCICon 2021: Connected through service

Join Lions around the world — from wherever you are — at the virtual 103rd Lions Clubs International Convention and see how we're connected through service. This year you'll be able to experience all your favorite aspects of convention, including:

- ◆ Touring virtual exhibit halls
- ◆ Connecting and networking with fellow Lions
- ◆ Enjoying world-class entertainment
- ◆ Hearing from our leaders and keynote speakers

Register at [LCICon.lionsclubs.org](https://lcon.lionsclubs.org)

Here are some tips for getting ready to attend the biggest Lions event of the year from the comfort of your home.

Grab your official LCICon merchandise from the [Lions Shop](#) — Gear up and look the part with LCICon pins, apparel and more.

Commemorative items will be available starting in early May.

Check the schedule — Take a look at the preliminary schedule [here](#) — and check back closer to LCICon for more in-depth details.

Invite your Lion friends — Remind your fellow Lions to register and attend, and consider setting up some video calls or group chats after sessions so you can discuss your favorite parts. Feel free to utilize the resources on our [Promotional Tools](#) webpage.

- **Get comfy** — Set up a cozy spot to watch all the plenary events, seminars and the Service Project Showcase, participate in meetings and tour the virtual exhibit hall! And don't forget about all the networking you'll be doing — so make sure your space is nice and neat.
- **Charge your technology** — You don't want to miss out on anything, so make sure your computer, tablet or phone are charged or near an outlet. And make sure you can easily connect to the internet.
- **Have snacks ready to go** — The LCICon energy will be high, so you'll want to have some drinks and healthy snacks on hand to keep you hydrated and ready to participate.

We're excited for you to be a part of LCICon 2021 from the comfort of your own home. And don't forget to share your experience online — tag it with #LCICon2021!

For a century, Lions Clubs International Convention has been inspiring Lions through incredible seminars, fun and fellowship, and world-class speakers. This year, we're honoured to be joined at our virtual convention by a very special speaker who has inspired the world.

Keynote Speaker Monday, June 28 **Malala Yousafzai**



Welcome Malala to Virtual
LCICon 2021!

About Malala Yousafzai

There are not many young women who have survived an assassination attempt or become the youngest Nobel Peace Prize Laureate. Even with all of her accomplishments, Malala does not consider herself extraordinary.

Inspired by her father's activism, Malala began her campaign for girls' education at age 11 with her anonymous blog for the BBC, *Diary of a Pakistani Schoolgirl*, about life under the Taliban. Malala soon began advocating publicly for girls' education. She would join her father on his visits to neighboring villages to recruit for the school. While he spoke to the men, she would speak to the women. Their campaign was the subject of a *New York Times* short documentary in 2009.

Malala soon began attracting international media attention and receiving awards. Due to her increased prominence, at age 15 she was attacked by the Taliban for speaking out. Malala recovered in the United Kingdom and has continued her fight for girls ever since.

In 2013, she co-founded Malala Fund with her father, Ziauddin. A year later, at the age of 17, Malala received the Nobel Peace Prize in recognition of her efforts to see every girl complete 12 years of free, safe, quality education. Malala is currently completing her undergraduate degree at Oxford University, with a focus on philosophy, politics and economics.

Malala remains a leading force in the fight against the barriers—like poverty, war and gender discrimination—keeping more than 130 million girls out of school around the world.



This year, everyone can participate and attend in the parade of nations – virtually!

Tune in to the first-ever Virtual Parade of Nations **June 26, 2021** to see Lions, Leos and your friends from all over the world as they are *United in Kindness and Diversity*.

For further information check out

<https://lcon.lionsclubs.org/2021-lions-clubs-international-convention-moving-to-virtual-event/>

CANBERRA CONVENTION—a real celebration of the magic of community service.

From skin cancer screening vans, childhood cancer and diabetes awareness, to medical alert dogs, disaster relief, youth and ground-breaking research in Alzheimer's – the Lions Australia National Convention was a real celebration of the magic of community service.

From bushfires and floods and even the spread of COVID-19, Lions volunteers are always there for the community and this was the theme at the 2021 National Convention, as Lions Australia gears up for its 75-year anniversary next year.

Hundreds of volunteers and community leaders heard from inspirational speakers including media personality and skin cancer awareness advocate Deborah Hutton, Lions Alzheimer's Foundation's Director of Research Professor Ralph Martins AO and Rear Admiral Lee Goddard who heads up the Minderoo Foundation's Fire and Flood Resilience initiative.

There was even a special four-legged presenter taking the stage, with Australian Lions Hearing Dog's debuting their new Diabetes Medical Alert Dog, Betty.

When disaster strikes in the community, Lions are always there and during his presentation, Rear Admiral Lee Goddard presented a cheque of \$130,000 to Australian Lions Foundation to help with its ongoing bushfire recovery support. Over \$4.6 million has been raised in the Australian Lions Foundation National Bushfire Appeal and Australian Lions Foundation Chairman Tony Benbow OAM confirmed over \$3.7 million has already been distributed to those in need. The Lions grassroots network of 1300 Lions clubs across Australia, enable funds to be distributed quickly to those who need it most.

With over 30,000 volunteers across Australia, there are thousands of different and exciting projects happening in communities across the country every day. Lions Australia CEO Rob Oerlemans says it is an exciting time for the organisation and for people looking to make a difference in their community.

"Lions Australia was thrilled to host our National Convention this year after missing out last year due to COVID-19. As members of our organisation came together to celebrate after two years it was a powerful reminder of the importance of community service and the incredible impact our volunteers make every day. From floods, droughts and bushfires to the spread of COVID-19 it's been a challenging few years for our country but our volunteers have continued to go above and beyond to support those in need in the community."

"Lions Australia is very excited to be celebrating our 75th Anniversary in 2022. Our clubs will be kickstarting these celebrations in their communities in coming months and we encourage people in the community to get involved. If you see your local Lions out and about in the community make sure you stop by and say hello and for anyone interested in joining us, now is a great time to do so! If you are interested in making a difference and meeting some likeminded people in the process your local Lions Club is a great way to do this."

"Our goal is that the demographic makeup of our clubs matches the demography of the community in which they operate. We're so proud to have a growing number of speciality clubs across Australia ranging from young Leo clubs, virtual clubs, ethnic clubs, special interest and autism clubs. Whatever your interest, chances are there is a Lions club that can help or others in the community who would be interested in starting one with you"

Lions volunteers pay annual membership fees to cover admin costs which means 100% of funds donated to your local Lions Club goes directly towards the cause.

Over \$50 million is donated to Lions Australia each year with all funds going directly to important causes and people in need. Over \$5 million is invested in youth programs each year, over \$20 million is invested in medical research, \$5 million in drug awareness, \$20 million in hearing services and over 3000 environmental projects are carried out by Lions Australia every year.

If you support Lions maybe you would be interested in finding out more information on how you can get involved? Visit www.lionsclubs.org.au



Deborah Hutton speaking about her Skin Cancer journey at the Canberra Convention

SEEN AT THE CANBERRA CONVENTION . . .



Kelly Laffan, Darren Laffan, Claire Cockerell, Graham Cockerell and Linda Ryder from the Need for Feed Committee at the Canberra Convention



Rod Jackson receiving the Bob Coulthard Award recognising his services to Lions Eye Health Program from Max Holmes, National Chair of LEHP.



Norma Barnard accepting a Helping Hands Award from Lou Onley, MD 201 LCIF Coordinator, PCC Lou Onley. (Past Council Chair)



1st VDG Steve Boyce, PDG Neil Wingrave and DG Graham Cockerell with the Outstanding Achievement Award for membership growth.

I have mixed feelings writing this which will be my final newsletter item as your District Governor. It seems like we only just got started again after all the previous lockdowns and now, not only has the year nearly finished, we're going back into another lockdown.

We've done it all before though and came out the other end each time with flying colours. As I have reported previously, our District membership growth this Lions year has been the highest of all 19 Districts in the Multiple District. In fact at the Multiple District Convention which has just finished in Canberra we were presented an Outstanding Achievement Award for membership growth. It is very pleasing to report that not all of that growth is due to the new specialist club we were able to charter and the Lioness clubs which have converted into new Lions clubs. Much of the kudos for our membership growth belongs with You: the clubs and members who have looked after each other so well during the 3 previous lockdowns. In some previous years our district has struggled to make any gains because we were losing as many or more members than were added. This year we have added nearly twice as many as we have lost.

So let's not be disheartened, we know we can do it all again, and hopefully it won't be as long this time.

One of the facts that brings you back to ground in a hurry as far as membership numbers go, was the amount of names in the memorial service at Canberra. 800 plus Lions who are no longer with us since the last face to face convention. Admittedly that is 2 years but it is still 400 or more per year. That's the equivalent of 20 new clubs per year each year, or more than one per District, just to keep up with the current death rate. And then there are other reasons we lose members. Those are the reasons we can all do something about. We've looked after each other so well during the first lockdowns something we need to keep doing now and when we're allowed out and about again.

For our Clubs that are struggling, we need to be encouraging them to find out what it is their communities really wants or needs, to conduct a community

needs analysis. We also need to find out how your members feel about their club and service experience, through a member satisfaction survey. It may not be the news they want to hear but it may be the information that determines ultimately whether our clubs survives long term in an ever changing world.

Clubs who are conducting relevant projects to improve the lives of those within their communities or enhance the infrastructure in their towns don't struggle to find members. Volunteers vote with their feet; they walk into our clubs because they want to contribute and they walk out because they don't feel valued or appreciated. Clubs that don't look after their members will continue to struggle.

The Club Development Days are postponed for now but make sure you book in again when the lockdowns are over. There is always something new to learn. Even if you have done it all before, there is the opportunity to interact with others to pass on some of our knowledge and exchange ideas. Whether we are at the top of the tree in our clubs or district we're not too old or too experienced to listen to new ideas or find out about different ways of doing things.

Last weekend we held our final Cabinet meeting where we were able to express our appreciation to our District officers and members who have contributed to a very successful year despite all that has been thrown at us. We started with no Shadow Cabinet meeting, no Multiple District Convention, no International Convention, no District Changeover, and no face to face Cabinet meetings until after the start of this calendar year. With the dedication, ingenuity and innovation of many of our officers, we found ways around all of those problems and many others. We continued to work together, look after each other, and got the job done, just like our clubs.

Individual award winners at the MD Convention were also recognised; District Health Chair Rod Jackson received a Dr. Bob Coulthard Award from the Lions Eye Health Program for his work on the schools vision screening project, and PDG Norma Barnard



received a Helping Hands Award from LCIF and another on behalf of PDG George, for their work on the Melvin Jones Fellowship plaques.

I am particularly proud of the Need for Feed committee for the presentation of their work over the last few years to the MD Convention, which was rated by many as one of the best presentations ever. They already have an invitation to make the same presentation to a convention in far north Queensland. They have done such a good job covering for me while I have been DG, I might not be allowed back.

In closing, I wish to express my thanks and gratitude to Claire. She has helped keep me organized, on time, and continued supporting me through the difficult times. At the District Changeover which is scheduled to be held on July 11th. we will have our chance to recognise the efforts of others who have contributed to make our year as successful as it was. If you can be there please join us in celebrating our year that was.

We look forward to catching up with you all again.

Yours in Lions

DG Graham

Respect the Past, Embrace the Future.



As I write this, Victoria has once again been plunged into another lockdown. Our Club Development Days have been postponed and will be rescheduled if possible at a later date.

Make sure you rebook when they are announced.

The Lions clubs of our district are very good at thinking outside the box and finding ways to keep their membership meeting and making valuable contributions to their community and I have no doubt this will continue throughout the latest lockdown.

If you need help to organise a zoom meeting for your club, please don't hesitate to contact me or your global action team.

The Canberra convention was a great weekend and was well represented by V3 clubs and their members. It was great to see our district recognized with several awards to individuals and to the district itself.

The presentation from our districts need for feed project was very well

received, congratulations to all those involved. The esteem which our project is held is a testament to all those involved and I congratulate them.

As this is my last report as cabinet secretary, I would like to thank DG Graham for the honor of being his Cabinet Secretary. It has not been an easy year for a District Governor, and DG Graham has given as much support as he has received this year. Thanks DG Graham and Claire for all you have done for this district this year, despite all the adversities thrown at you. To win the greatest gain in membership for any district in Australia, despite being in stage 3 or 4 lockdown for over half your year is a remarkable feat and stands as testament to your great leadership, congratulations. I look forward to when we can get together and celebrate your year that was in person at the District Changeover on July 11th.

Lastly I would like to thank my wife

Kerrie for all the support this year, and wish incoming Cabinet Secretary PDG Neil Wingrave all the very best for his year as Cabinet Secretary and DGE Steve Boyce best wishes for his coming year as DG.

I would also like to wish all the clubs and members of V3 a great non Covid affected year ahead.

Kind Regards

Andrew McMahon



1st Vice District Governor

Steve Boyce

Hi everyone. Welcome to June –the last month in another Lions year. Now is the time to be finishing the year strong. Think about are there potential members out there? Is there some- one you could ask if they would like to become a Lion? Is there a service opportunity that could be done? Both these things not only help your club, but more importantly they help your community.

As we are working to finish the year strong, now is also a great time to be looking ahead to next year. Maybe think of a couple of things you want to do in your club and your community next year. Start working through what's needed, who's involved and who will benefit. Start planning now, for a successful 21/22 Lions year.

As we finish up this year, and move into the next I would encourage you all to come along to District Changeover. For those who haven't come to one before these are a great

day and a great way to connect with other Lions from across the district. For those who normally come along don't miss it. We couldn't have last year's so it's a great to be able to have this event back! It will be 11.30am for 12pm start with a 3.30pm finish. It's on Sunday 11th July 2021 at The Warragul Country Club, 41 Sutton Street Warragul Lunch, and costs \$40 per head, for a 2 course lunch. Drinks at bar prices. Please RSVP by no later than the 2nd July 2021 To PDG Lion Terry Hayler By mail: 4/11 King Street, Warragul Vic 3820

or by email to 654@bigpond.net.au

Also as we finish up this Lions year I would like to thank DG Graham, Lion Claire and all the Cabinet officers and their partners for your great work and support of the District this year. To all the Club leaderships and Club members for your support of your club and your community, thank you. Thank you to all the Clubs that have

welcomed Karen and I this year. Your hospitality was, as it always is, awesome and is very much appreciated.

It has been a year like no other, that's for sure. But our clubs and our district have come through it in great shape. And that is due to you all, and your great efforts.

Let's look forward to a much simpler 2021-2022 year!

Cheers for now.

Steve Boyce

1st VDG



DOUGLAS X. ALEXANDER
FIRST VICE PRESIDENT, LIONS CLUBS INTERNATIONAL



Douglas X. Alexander, from Brooklyn, New York, USA, was appointed to the office of first vice president by the Lions Clubs International Board of Directors on January 9, 2020.

Vice President Alexander is a retired vice president for J.P. Morgan Chase Bank. A member of the Brooklyn Bedford Stuyvesant Lions Club since 1984, he has held many offices within the association, including club president, zone chair, region chair, vice district governor, district governor, cabinet secretary, cabinet treasurer, DGE group leader and international director. He also served as a Lions Eye Bank transporter, a member of the District and Multiple District PDG Association, a trustee of the New York State and Bermuda Lions Foundation, and was appointed as the Lions representative to UNICEF-New York from 2012-2014.

He has served on the USA/Canada Lions Leadership Forum Planning and Host Committees and has been a presenter at several USA/Canada Forums. In recognition of his service to the association, he has received numerous awards including the club Lion of the Year, Club President's Award, the Robert J. Uplinger Service Award, several District Governor Appreciation Awards, and the Multiple District Membership Growth Award. He is also the recipient of numerous International President's Certificates of Appreciation, seven International President's Awards and the Ambassador of Good Will Award, the highest honor the association bestows upon its members. He is a Dr. Franklin G. Mason Fellow, a W. P. Woods Fellow and a progressive Melvin Jones Fellow.

In addition to his Lions activities, Vice President Alexander is active in numerous professional and community organizations. He has served as chairperson of the advisory board for the New York Urban League and as a board member of the St. Francis DeSales School for the Deaf. He is also a recipient of the Congressional Record Award. Vice President Alexander has two daughters, and his partner in service, Shabiki Cazabon, is a Lion and a Progressive Melvin Jones Fellow.



The Victorian Lions Foundation Inc. is a combined project of the Australian 'V' Districts. These encompass the State of Victoria and the Southern part of New South Wales.

The primary role of the foundation is to support the development of Health and Welfare Programs for these Lions Club Districts.

Mission Statement

To support the development of Health and Welfare Programmes for the benefit of the population within the five Lions Club Districts encompassing Victoria and Southern New South Wales, and to support medical research to improve health throughout the world.

The primary role of the Foundation is to create a Capital Fund to support the creation of major programmes through liaison with Lions Clubs, Charitable Trusts and Corporations.



Neurobionics Research Fellow

The Victorian Lions Foundation provides annual funds for a Neurobionics Research Fellow to undertake research with the neurobionics research team at the Bionics Institute. The aim is to support the exploration of implant devices that monitor neural activity in the brain, spinal cord, or elsewhere in the body, and/or stimulate nerves electrically for therapeutic applications. The focus is on real world applications to alleviate common disorders like epilepsy and blackouts, movement disorders including Parkinson's disease and essential tremor, and certain severe psychiatric conditions such as obsessive compulsive disorder.



VLF Chairman John Beale PDG with Dr Wes Thevathasan, who is the current Victorian Lions Foundation Neurobionics Research Fellow

VICTORIAN LIONS FOUNDATION

Hearing Research Fellow - BIONICS INSTITUTE

Lions were instrumental in assisting the development of the Bionic Ear and we support the Lions Hearing Research Fellow at the Bionics Institute.

Our Fellow is improving outcomes for hearing impaired people by determining ways to predict their speech perception outcomes using hearing devices.

Learn more at
www.bionicsinstitute.org



LIONS CRIMEWATCH

This self-funding project is involved in crime prevention programs including Lions Teddy Bears, Operation Safe Plate, Driver Reviver, 'Do Not Leave Children in Cars' campaign, The Handbag Security brochure and the 'Keep your driveway Kidsafe'.



LIONS CORNEAL DONATION SERVICE

In association with the University of Melbourne, Dept. of Ophthalmology, CERA and the Lions Eye Donation Service, over 300 corneal transplants are performed each year.

VICTORIAN LIONS FOUNDATION

LIONS EYE HEALTH

CERA is the largest eye research organization in the southern hemisphere and is in partnership with Lions Clubs International Foundation, Diabetes Australia and Glaucoma

Australia. Research into Macular Degeneration is a particular focus. Learn more at www.cera.org.au



NATIONAL VISION RESEARCH INSTITUTE (NVRI)



NATIONAL VISION
RESEARCH INSTITUTE
OF AUSTRALIA

The NVRI is a research institute at the Australian College of Optometry Melbourne, studying vision and its dysfunctions. NVRI collaborates with many national and international research institutes and has particularly close connections with the University of Melbourne and Monash University. Our Foundation supports a Lions Vision Research Fellow who is investigating many aspects of vision, including the development of a bionic eye.

BAKER HEART & DIABETES INSTITUTE

Baker Heart & Diabetes Institute is an internationally renowned medical research facility whose mission is to reduce death and disability from cardiovascular disease, diabetes and related disorders; two prevalent and complex diseases responsible for the most deaths and the highest health costs in the world.



VICTORIAN LIONS FOUNDATION

Neurobionics Fellow – BIONICS INSTITUTE



Lions are funding an exciting new research program at the Bionics Institute which is based on their 30 years of experience. Our Neurobionics Fellow will take a central role in the development of

implantable brain stimulation devices that will provide treatment for severe neurological and psychiatric conditions such as Parkinson's disease, epilepsy, obsessive-compulsive disorder and other conditions.

VICTORIAN LIONS RHEUMATISM & ARTHRITIS MEDICAL RESEARCH FOUNDATION



Prof. Eric Morand with the donated TECAN Reader

Donations through Lions Clubs assist with the continuing research into rheumatic diseases, including a Fibromyalgia Research program which is being undertaken at the Rheumatology Unit, Monash Medical Centre, Clayton.



We have three awards available that your club may wish to take advantage of:

- Life Member Award - \$500**
- Leo Tyquin Award - \$500**
- Life Governor Award - \$2000**

To order, please contact the VLF Secretary for details at secretaryvlf1@gmail.com

VICTORIAN LIONS FOUNDATION

A BLAST FROM THE PAST

Picture at left shows PDG David and Veeda Oakley.

Diabetes is the key word for Lions Clubs this year, but in Victoria our association with Diabetes research and funding go back as far as 1981. This was the time that the major medical breakthrough of self-blood glucose monitoring became available. What was needed, however, was an institute that could teach self-blood glucose monitoring to insulin-dependent diabetics and health professionals. Initially the clinic was carried out temporarily from army huts and houses scattered over the hospital grounds which was totally inappropriate and Professor Zimmet was able to use his drive, foresight and entrepreneurial talent to find the \$450,000 needed to renovate the abandoned and condemned old nurses' residence.

Sir Ninian Stephen officially opened the Lions International Diabetes Institute in 1985 and it was Australia's first Institute devoted exclusively to diabetes research, education and treatment programs. Lions Clubs throughout Victoria donated \$82,000 towards the cause with the Victorian Lions Foundation donating a further \$18,000. To take advantage of the potential for photography as a preventative measure, the Lions Eye Unit was established with the Lions Clubs of Nunawading, Melbourne Host and the City of Caulfield donating \$23,000 for the purchase of a special eye camera.

As you will see by the photo below, the original name was the Lions International Diabetes Institute. There have been several name changes, for various reasons and in May 2010 the International Diabetes Institute and Baker Heart Institute amalgamated to form Baker Heart & Diabetes Institute. Lions and the Victorian Lions Foundation are still supporting the Institute and the important role they play in medical research.



The

original plaque that was mounted on a rock at the entrance to the Diabetes Institute – now Baker Heart and Diabetes Institute. The plaque is now on the honour wall inside the Institute in Prahran

For further information on the Victorian Lions Foundation: <https://www.victorianlionsfoundation.org.au>



201V3 REPRESENTATIVE ON VICTORIAN LIONS FOUNDATION

201V3 representative on the Victorian Lions Foundation is PDG Ian Gration

Ian attends meetings on our behalf and is involved in many of the projects under the banner of VLF.

He has coordinated 201V3 RIDE FOR SIGHT and is involved in several other projects. Here he outlines some of his involvement.



The Ride For Sight

The ride has finished and the raffle is to be drawn 2nd July and by that time we will have a completed project. The actual amount of money raised at this time is \$43,000— an excellent amount considering the ride was held under the conditions of the time and Covid 19. The final amount will be shared after the raffle is completed.

The V District Skin Cancer Van

The Van is now in service and had its Maiden Voyage to the Canberra Convention, I am sure that every V District person at the event looked through it and were suitably impressed.

Over the weekend approximately 260 people had their bodies scanned and 21% were asked to see either their doctor or a skin specialist!

We are in desperate need of Drivers and Dermoscopists from the V3 area.



Crime Watch

Crime Watch is rolling along nicely. Trauma Bears are being ordered and sent to clubs for roll-out to police, fire, SES and ambulance. The Koala marking our 75 years as Lions in Australia is selling well, in fact we sold out of bears at the convention.

The Koala comes to us at a cost of \$10 .We on-sell at \$15 and clubs on- sell at \$20, making \$5 for the club for every bear sold. The \$5 that Crime Watch make is then donated to the Australian Lions Foundation.



Victorian Lions Foundation



We are really struggling for funds this year due to the Covid activities or lack there of and I believe the funds from all foundations have really taken a hit in the last 2 years. Please consider your foundations in your disbursements.

PDG Ian Gration

VLF Rep, Crime Watch Rep, Ride For Sight Chairman, V District Skin Cancer Foundation, V3 Trustee.

2021 V3 Changeover Luncheon

All Lions, partners and friends are invited
To

- ◆ Celebrate the past and future Lion's year
- ◆ Welcome DG Steve and Lion Karen
- ◆ Thank IPDG Graham and Lion Claire



WHEN:

- ◆ Sunday 11th July 2021
- ◆ 11.30am for 12pm start with a 3.30pm finish

WHERE:

- ◆ The Warragul Country Club
41 Sutton Street Warragul



COST:

- ◆ \$40 per head – 2 courses
- ◆ Drinks at bar prices



RSVP

no later than the 2nd July 2021

PDG Lion Terry Hayler

By mail: **4/11 King Street, Warragul Vic 3820**

Or by email: **tha89654@bigpond.net.au**



LIONS CLUB OF BRUTHEN

- *The East Gippsland Timber Milling Project*



The opening of the East Gippsland Timber Milling Project



Local workers have been employed in the project

The Lions Club of Bruthen have created an exciting new project supporting the recovery of farmers from the devastating 2019/2020 bushfires. The East Gippsland Timber Milling Project was launched late February and is growing rapidly. A partnership project with Rotary its developed great relationships with government and non- government organisations. Supporters includer Australian Lions Foundation, Department of Environment, Land, Water and Planning, Bushfire Recovery Victoria and the newest partner the Minderoo Foundation. There has also been several Clubs from the District that have supported this great project and we say thanks for that.

The project provides milling of bushfire affected trees on properties, free of charge. The milled timber can be used by the land owners to rebuild critical infrastructure such as cattle yards and fencing. Thereby using this natural resource to assist in the rebuilding of their property and their livelihoods.

The personnel involved in the milling process are employed for their work. - and they are local residents who witnessed firsthand the devastation caused by the fires. Currently over 60 landholders are registered to receive assistance from the project.

Such is the need for the work of the project, after only 8 weeks of milling it was decided a second mill would be needed ASAP. Funding was sourced and I am happy to say that a second mill has been purchased and training of operators completed. The second mill will commence operation within the next couple of weeks.

The project will be running community engagement events every couple of months, at the Sarsfeild Recreation Reserve. We will put an invite in the District Newsletter prior to each event and would love to have Lions from across the District come along and have a chat with the project team and hear where the projects are at. There could even be possible service opportunities for Clubs to be part of as the project goes forward.

Steve Boyce



Bushfire affected trees ready for milling



Logs being milled



Milled timber

LIONESSE LUNCHEON IN CANBERRA

LIONESSES HELD THEIR FINAL LUNCHEON AT THE CONVENTION IN CANBERRA

And that's a wrap!

Cheers to Lioness Clubs in MD201

On behalf of your multiple District team, Joanne Lynes - Q Districts; Beccy Field - C & W Districts; Cynthia Robinson - V Districts as well as Wilma Holmes - N Districts and Lenore Howard - Kings Coordinator; we wish you all the very best wherever the future takes you



Lionesses gather for their final Luncheon in Canberra



Lioness display at the convention

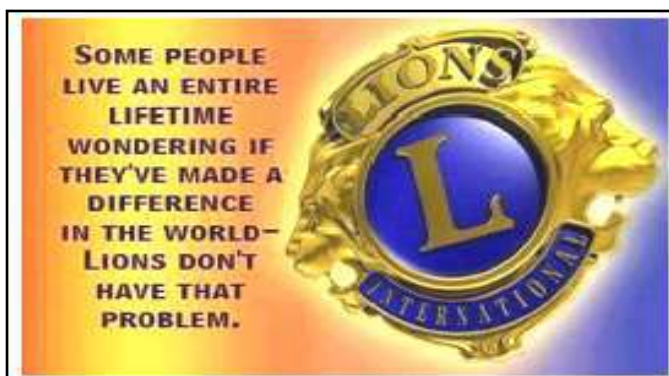


Multiple District Coordinators

Joanne Lynes - Queensland,

Cynthia Robinson - Victoria

Beccy Field - South Australia.





Craft & Patchwork

SHOW

**KOO WEE RUP
COMMUNITY CENTRE**

Rossiter Road, Koo Wee Rup

26th June 2021

9.30 till 4pm \$5.00 entry.
A Covid Safe Event

**Proceeds support
community projects**



- Retail Stall Holders
- Plenty of Free Parking
- Morning/Afternoon Tea & Lunch

Koo Wee Rup branch

Proud sponsors.

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Bigger than a bank. bendigobank.com.au

**A Project of the Lions Club of
Koo Wee Rup & District Inc.**

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TWIN RIVERS LIONS CLUB



Kim Ainsworth, (Bairnsdale Lions), Melinda, (123 Read to me) nd Peter and Desma Payne from the Twin Rivers Lions Club

Melinda, Jeff and Jack Shelley from the Lions Club of Mordialloc-Mentone were guests of the Twin Rivers Lions Club. Melinda was delighted to share with the members about her project 123Read2Me of collecting children's books and donating them to vulnerable and disadvantaged children across Victoria. With the help of her amazing volunteers and Lions Club they have already donated over 500,000 books. She congratulated the members for their ongoing support in delivering 10 pallets of children's books to their local schools and kinders. The club was proud to donate \$200 towards such a worthy Lions project and they look forward to giving away more books to local children in the coming year.

Melinda made the generous offer, to any Lions Club in the District, of boxes of children's books to give away.

This is a great opportunity especially for a Lions Club that is rebuilding. It only takes one member to set up a table out in the community filled with children's books to give away. As Melinda said the books will attract the children and then your club will get an opportunity to talk to the adults about Lions and all the other amazing Lions projects that are available. This is a great way to find new members.

- **WELLNESS IN ACTION series of morning teas and guest speakers** - sponsored by EGSC Drought Assistance
Wednesday, 16th June, 2021 - Our clubs 2nd Birthday since being a Chartered Lions Club International
- fun celebrations and special guest speaker

Wednesday, 21st July, 2021 - Our club's dinner will celebrate the LAUNCH of the FREE VISION SCREENING Project for our immediate area and beyond.

To assist us in getting these events and activities invitations out into the community could we ask you to help us spread the word by passing on this information to your colleagues and your networks, so we can all benefit from these. Thank you in advance.

Pre-register your bookings with us by emailing or phoning 0432 188 295.

CHURCHILL LIONS FEEDING EVERYONE!



Lions Peter Savage, Carol Kavanagh (Secretary), Bill Hurenkamp, Reg Grisotto (President), Ray Medew and Peter Tait – behind in the van cooking was Robin King, Allan Kelly and Dave Cranwell. In the centre is an APM Supervisor and Omega's Nick Iacovou.

Again, with the ever lifting COVID restrictions we are able to get out there and do what our Churchill Lions love to do– catering functions. Wednesday morning at around 7am., our Secretary Lion Carol Kavanagh was contacted by Nick Iacovou, the Managing Director of Omega network in Morwell, who wanted to put on a slap up lunch for around 150 workers at APM in Maryvale in two days time!

Not a problem says Carol who then rings President Lion Reg Grisotto and away we go, within a couple of hours we are fully organised with a full crew and the food organised.

Now Friday morning was cold with a very very thick fog, as we all assembled at our Shed, loaded up, catering vehicles hooked up and the convoy arrives at APM (still in a thick fog)

With Churchill Lions it's always a no fuss situation so within no time whatsoever, we had the vans organised in place, marquee and tables set up, the generator running for power and as the three guys were cooking in the van the sun managed to burst through.

The workers started to arrive over two staggered lunch breaks and were quite surprised to be served huge Hamburgers with the Lot, Sausages with Onions 'n Bread, plus a vast array of cold drinks (as by then the day was starting to get quite hot), so to say it was all appreciated would be an understatement!

Once finished, it was pack up, clean up and away we all drove in convoy again back to the Shed to unhook, unload and sit for a yak.



Setting up for a busy day

As is with every occasion there is always food left over but we ensure nothing ever goes to waste and Nick Iacovou told us just to take it all. So, one of our Members Lion Bill Hurenkamp took all of the food that was left down to the 'Soup Kitchen' that night in Traralgon to help contribute.

Lion Bill said it was just wonderful, there was not a scrap of food left at the end of the night and everyone went away well fed. One can only say it really touches your heart to know that we can help out in so many ways.

RED HILL DISTRICT - *Kindness Matters*

Red Hill District Lions have been promoting Kindness Matters Awards in our local community, seeking nominations from residents.

This month 2 community members who have been nominated by others have been awarded.



A surprised Kiniki Stirling receiving her award from Club President Jenny Stidston



Bernie Schedvin received her award at the AGM of the Main Creek Landcare.

Kiniki was nominated by Adie Smith from Main Creek Landcare.

In her nomination Adie stated :

In 2019 Kiniki approached the Red Hill Lions Club and offered, free of charge, her services to hold a weekly exercise class for the Community.

This offer was accepted and since then (apart from during the Covid 19 lockdown), Kiniki has conducted an hour long class comprising a mix of gentle stretching, strengthening, range of motion, balance and meditation exercises. The classes are innovative and interesting. Recently Kiniki introduced us to *Stick Mobility*, which for most of us is a new way of helping to achieve or maintain our health goals.

This mixed gender class has attracted a diverse range of participants from those in their 60s through to 90+ year olds.

Thanks to Kiniki's inclusive manner, her positive interaction and her sense of humour the class has a very friendly and happy ambience.

We work at our own pace and Kiniki offers quiet encouragement about how we can make small improvements. She encourages us to work hard with the result that we are slowly getting stronger, more flexible and healthier.

I feel confident I can speak for all those who attend this class in expressing our sincere appreciation to Kiniki for her skill, her deep sense of humanity and her kindness.

She was surprised at a Fitness Session in April by the President of Red Hill Lions, Jenny Stidston, who presented her with her award.

Thank you Kiniki, we truly appreciate your commitment to our community.

COLOUR OUR COMMUNITY

Last year during lockdown, Red Hill District Lions in collaboration with the Red Hill Gardening Society ran a project called *COLOUR OUR COMMUNITY*. We distributed bulbs to locals—rather they collected them from my letterbox—to plant near their gates to brighten our community as spring approached. It was very successful, with about 50 households across our rural area participating.

Residents were keen to participate again this year so we purchased mixed bulbs to distribute, held a morning tea for bulb distribution, and encouraged old and new residents to grow some colourful blooms.

I wonder what spring will bring?

Bernie was nominated by a community member who stated:

Since 2006 Bernie has been a powerful voice for Landcare on the Mornington Peninsula playing a major part in its development initially as the inaugural secretary of the Main Creek Catchment Group and later (and simultaneously) as secretary of the Mornington Peninsula Landcare Network which she was instrumental in creating, thereby raising the profile and effectiveness of Landcare on the Peninsula and ultimately helping to improve the natural environment for generations to come.

Bernie has been very kind to the environment. However it is the way Bernie interacts with all she meets that is so impressive. She has given wise, thoughtful, objective, positive and always kind counsel and guidance to a succession of Group Chair-people, committee members and the inaugural Network Coordinator.

She believes a happy committee is an effective committee and she works to promote this ambience and though she has stepped down from the position of Secretary, she is still very busy with Landcare committee activities AND caring for her family.

She always remembers to celebrate birthdays; she supplies folk with generous amounts of produce from her vegetable garden; when asked she continues to offer wise counsel and she always has time for a chat. She is a wonderful contributing, encouraging, wise and kind role model.

Bernie's award was presented by Club President Jenny Stidston at the AGM of Main Creek Landcare.



Locals enjoying morning tea whilst collecting bulbs.

LIONS CLUB OF WELLINGTON/LATROBE.

The good news just keeps on coming for our great Lions Club.

Some time ago we submitted an application to the Latrobe City Minor Equipment Grants for obtaining support for the acquisition of a small club generator.

This generator would be used to power our electric car fridge at our fundraising BBQ's as well as being available to the greater community at times of emergencies, such as bushfires, floods etc.

I'm delighted to report that our application was successful and we have received a grant of \$2,000.00 towards the cost of the generator.

A BIG THANK YOU to Latrobe City, we truly appreciate your support.

And...

We are very pleased to share with you all, that we have been successful with getting a grant from the *Wonderful* DYSON group of \$400.00.

This money will be used to replace our long suffering and hardworking printer.

We as Lions often get called upon by other small community groups to assist with doing a bit of printing for them, things such as newspaper insert flyers etc etc.

This very useful grant will enable us to not only do our own printing, but also we will continue to be able to assist with small community printing where ever needs be.

THANK YOU, DYSON!



Join our Commemorative
Garden Project
and celebrate
75 years
of Lions Australia!

Help us achieve
at least 75
Lions gardens
throughout Australia
by **September 2022.**

Always.
lions australia
75 years and counting

Planting seeds of hope since 1947

Always—75 years of always being there . . .

How is your club planning to celebrate this milestone?

- A commemorative garden project
- Environmental project
- Art project

There are many more ways to celebrate.

Send us your ideas.

From Neighbouring Districts . . .

Lions Club of Lyndhurst and District 201-V5



Another great job by Lions of Lyndhurst & District.

A 40 foot container packed to the rafters with medical equipment, medical aids, computers, shoes, clothes etc is on it's way to Sri Lanka to be distributed by Lions District 306B2 Sri Lanka to those who are most in need.

Thanks to all that donated, collected goods and helped with the loading. Not bad for our first attempt!

Lions Club of Quilters Victoria

Lions Club of Quilters Victoria members, Lyn, Gayle, Yvonne and Kirsty attended Government House recently for the celebration of the Caroline Chisholm Society 50 year anniversary (actually it was last year but cancelled due to you-know-what). LCQV was invited to design and make a commemorative quilted artwork to celebrate the life of Caroline Chisholm. It will hang at the CCS headquarters in Essendon. CCS supports mothers, children and families with counselling and support services and a vast array of practical goods needed by young families.

LCQV members were delighted to see a stylised image of the quilt on the cover of the CCS Anniversary Publication, and also on the cover of the Board's Annual Report. A great project to be involved in!



- to R: Members Lyn Hendrey, Gayle Marett, Caroline Chisholm Society CEO Dr Jennifer Weber, Amanda Moore Director of Corporate Services, Yvonne Henry and Kirsty Eckett.





"WE SERVE"
WHERE THERE'S A NEED
THERE'S A LION

MEMBERSHIP

When our membership grows

our communities grow, our service strengthens, our future brightens

Welcome to all our new members

WELCOME! Our Club of Churchill & District has welcomed another new Member into The Pride with Lin Starke now a proud Lion, sponsored by long time member Lion Bob Lowick and inducted by President Reg Grisotto.

This makes for a very happy, healthy Club with 32 Members.



👏 Welcome Lion Lin. 🙌

DEVELOPING LOCAL PARTNERSHIPS

Lions and Leos know that we can achieve more when we work together. That's why partnering with like-minded organisations in your community is a great way to increase the visibility, reach, and quality of your service projects.

This guide will help you prepare your club for a partnership, as well as identify and approach potential partners.

What is a partnership?

A group of organisations that share a common interest and agree to work together toward a common goal

Why should we partner with another organisation?

- Complement your club's strengths and fill in capacity gaps
- Contribute additional assets and skills that improve your service projects
- Act as a teammate in advocating for joint goals

Who could we partner with?

Non-governmental organizations (NGOs), Private businesses/corporations, Government agencies, Other not-for-profits



Signs of a good partner

- ▶ Shared goals and values
- ▶ Expertise complementary to the partnership
- ▶ Strong communication skills; responsive
- ▶ Enthusiastic about volunteerism/service
- ▶ Well organized and dependable

Signs for caution

- ▶ Misaligned goals and values
- ▶ Unclear contributions to the partnership
- ▶ Difficulty communicating; unresponsive
- ▶ Lack of enthusiasm and motivation
- ▶ Disorganized and inconsistent



Lions remember . . .

***Thank you to the following Lions
for their service***

Deceased

Lion Louise Harrison — Lions Club of Mornington
Lion Lorraine Archbold's - Husband Ian - Lions Club of Morwell
Lioness Lila Ayling - Lions Club of Dromana

On the Sick List

***We wish the following Lions and their family members a
speedy recovery***

Lion Lisa Greenwood - Lions Club of Wellington/Latrobe



“WELLNESS IN ACTION”

Wellness in Action is a program proudly hosted by Twin Rivers Lions Club on Fridays during May & June. They meet at 10am for cuppa followed by our Guest Speaker at the St Columbs Anglican Church Hall

Mental Health and Wellbeing

On **Friday 21st May** Julie Mackay (RPN), Mental Health Promotions Officer, Latrobe Regional Hospital was the guest speaker.

Julie is a Registered Mental Health Nurse with a passion for Mental Health and Wellbeing promotion.

She works in the crisis team at Bairnsdale Community Mental Health Services shared some of my experiences and knowledge. She discussed local mental health services, talked about common mental health disorders and illnesses, early warning signs and what to look out for, how we can help others and most importantly how we can look after our own mental wellbeing.

There was time for questions and answers, and to explore further training options for those interested. She also explained how Rubee helps her with her mental wellbeing.



Friday, 28th May Drought Recovery Officer Red Cross Guest Speaker: Carissa Beavis –a recovery officer for Australian Red Cross. Carissa will discuss importance of supporting the supporters, being prepared for emergencies and the current support services Red Cross is providing to communities through-out Gippsland.

Friday, 4th June ADRA: Community Organisations in times of Crisis and Beyond Guest Speaker: David Syme, HOSM Manager David has spent 52 years in working with humanitarian agencies across the World and in Australia.

He is the recipient of our governments Humanitarian Overseas Service Medal.

David will share lessons learned from his experience of working with Organisations at the grass roots during times of crisis and share some of ADRA's engagement in East Gippsland.

Friday 11th June GIPPSLAND LAKES COMPLETE HEALTH Guest Speaker: Debbie Smith

Home Care Packages Manager Today GLCH continues to help seniors enjoy a healthier, happier, and more independent lifestyle through its extensive range of programs and services delivered by a friendly, compassionate, and reliable team of local people. A major provider of Home Care Packages, GLCH provides flexible packages of in-home care and support services to people who need assistance to stay living at home.

Friday 18th June LOVE ME LOVE YOU Guest Speaker: Glenda Picioane Board Secretary & Lance's Mother
WE WILL CONTINUE TO EMPOWER TO CREATE CHANGE www.lovemeloveyou.org.au Love Me Love You lays the foundation of self-care so that we are all able to contribute to our community. Together we need to embrace the challenge, engage in the support and empower the opportunity to make a difference!
A former first round draft pick and AFL footballer, Lance Picioane established Love Me Love You in 2013 to empower our community to take control of their mental wellbeing and to live happier, more fulfilling lives.





Great news from Lions Recycle for Sight Australia Inc

Now that the pandemic is being successfully addressed many Lions Club who collected spectacles during the past 12 months have been forwarding them to our PO Box, showing the continuing success of the 1500 Lions Clubs plus 500 other groups collecting around 20,000 per week which are forwarded to our centre each week.

Earlier this year, in the middle of the COVID Crisis, we wrote to the Lions Clubs of Australia concerning the temporary need to slow down the forwarding of used spectacles from clubs to our Postal Address in Clontarf DC 4019 (on the Redcliffe Peninsula area of Southern Queensland).

An overwhelming majority of Lions Clubs and related groups, involved in the Recycling programme helped us spread the forwarding of used spectacles, sunglasses, contact lens (new) and other optical equipment.

In December 2020 the Lions Club received a lease to a second building also in Redcliffe; our Gambling Fund application was successful and 8 extra lensometers have been received to broaden our capacity to refurbish the growing number of spectacles received by the Centres. Whilst we have been able to cope with the overflow from last year, we are having difficulty in refurbishing the number forwarded, especially as our workforce to undertake the refurbishment has taken a longer period that previously expected to handle the increased supply. Coupling this challenge is that the number of outlets overseas are only slowly recovering from the pandemic and border closures.

Already the extra building has relieved the pressure at Lamington Drive by lowering its storage needs and thereby increasing its capacity to sort, wash, grade and prepare for export; doubling our capacity through the two buildings. Unfortunately, expansion and capacity to complete the refurbishment programme takes time, the energy and great support from our Lions Clubs , families and friends.

We hope to further expand our operation in the two centres in the coming winter months resulting in an increase in finished product and its distribution to humanitarian groups in need of growing supplies, but this is progressive.

Thank you for your patience in helping spread out the delivery of used spectacles to our Post Office Box in prior months and hopefully your club may be able to further spread-out its delivery of used spectacles,

The success of the programme starts with the half million people of Australia, who need each year to replace their prescription spectacles due to age or increasing need, or unfortunately have worn spectacles for close on their lifetime.

Thank you for your club's support of people in need of quality eyesight.

Ken Leonard

K G Leonard OAM JP(Qual) BA(ANU)
President & Public Officer
Lions Club of Redcliffe Kippa-Ring Inc



Australian Lions Hearing Dogs (ALHD) have just launched their 2021 May Appeal, seeking support from Lions Clubs across Australia.

The appeal, along with a newsletter especially curated for Lions Clubs and their Members, was distributed via post in late April, 2021.

The newsletter features the story of Danielle (pictured above) and her new Hearing Assistance Dog, Honey. Danielle's partnership with Honey was delayed by over 6 months as a result of COVID border restrictions, much to the disappointment of both ALHD and Danielle. Both parties worked hard to ensure that once the green light between South Australia and Victoria was given, this highly anticipated partnership could finally happen, and Danielle's life would change forever.

Hearing Dog Honey will work 24 hours a day, 7 days a week; ready to alert Danielle to common sounds that many of us in the hearing world take for granted. Before Honey, Danielle's safety was her primary concern; ***"I was afraid I wouldn't hear things that could protect me from harm, like a smoke alarm"***. Honey will alert Danielle with a 'touch' anytime an alarm sounds, to ensure Danielle and Honey can remove themselves from any danger.

A donation from you or your Lions Club can provide a much-needed Hearing Assistance Dog to someone who is deaf or hard of hearing. Danielle is a supporter of ALHD herself and says *"Everytime I see a new puppy come into the program, I am grateful that yet another person will benefit from the amazing services of ALHD and be able to live their best life with an Australian Lions Hearing Dog by their side"*.

To make a donation:

Contact ALHD on 08 8388 7836

Send a cheque made out to 'Lions Hearing Dogs Inc.' to PO Box 164 Hahndorf SA 5245

Make a deposit or EFT transfer to:



Lions on a mission to break a world record raising funds for Childhood Cancer Research



- *In recognition of Childhood Cancer Awareness Month in September, Lions are encouraging Australia to support Australian Lions Childhood Cancer Research Foundation*
- *Lions attempting to break the world record for 'Longest Coin Line' with 5 cent pieces before providing the funds to Lions Australia Childhood Cancer Research Foundation*
- *Over the past 10 years, the Australian Lions Childhood Research Foundation has raised over \$10 million for Childhood Cancer research including \$1.3 million of the current \$4 million Lions Kids Cancer Genome Project with the Garvan Institute*

September is Childhood Cancer Awareness Month and this year Lions across Australia are on a mission to not only raise awareness and much needed funds but also to break a world record while doing so!

Kickstarting this month, Lions Coin Line fundraisers for Australian Lions Childhood Cancer Research Foundation will be held in communities across the country. All funds raised will be converted by Lions to 5 cent pieces and will be used in an attempt to break the Guinness World Record for the longest coin line which currently stands at over 75 km.

This year Australians are being encouraged to get behind the Lions Coin Line fundraising for Childhood Cancer.

How is your club supporting this initiative?

Did you build a coin line?

Did you hold a dinner?

Maybe something creative?

Tell us about your fundraising

**THANK YOU FOR YOUR SUPPORT OF THIS PUBLICATION -
FOR IT TO CONTINUE, WE NEED YOUR CONTRIBUTIONS.**

ARTICLES AND IDEAS ALWAYS WELCOME

Focus for the Next Issue will include :

Australian Lions Foundation

Please send in articles about what your club is doing to address our global and National causes.

Around the Clubs

Any activities your club has been involved in — a few lines and a photo(with caption) is all that is needed.

What is your club planning for our 75th anniversary?

Lions National projects - anything you are doing to support national causes

Youth projects

- Junior Public Speaking
- Peace Poster / Essay

Membership

How do you recruit new members?

- New members inductions
- Membership awards
- Special things members have done

Photos welcome. Please supply a caption with names for photos

Please forward ideas for articles to v3.newsletter@gmail.com

Last date for copy for next month is **June 20th**

**Articles are welcome anytime - please don't wait till the deadline to
submit (makes the job of editor much easier if there is a regular stream!)**