

DISTRICT

201V3



MAY 21

ISSUE 4

V3 ROAR



BAIRNSDALE LIONS SUPPORT LICOLA



Bairnsdale Lions Club members, along with family, had a delightful visit to the Lions Village at Licola, Victoria. The township of Licola is owned entirely by the Lions Clubs of Victoria and Southern New South Wales. The greater part of the township is occupied by the Licola Wilderness Village which consists of 16 cabins and our Bairnsdale Club looks after and maintains Cabin #6, where for more than 37 years camps have been run for disadvantaged children and special needs groups, mostly held during the school holidays.

INSIDE THIS ISSUE

- District Officer Reports
- Global Cause—Childhood Cancer
- Around the Clubs
- Youth of the Year Winners

DATES TO REMEMBER

May

7-10 MD Convention – Canberra
– Visit - www.lions2021.com.au/



- 25 Warragul Lions Golf Day
- 30 Club Development Day Cranbourne

JUNE

- 5 Club Development Day Bairnsdale
- 6 Club Development Day Trafalgar
- 21 Charter—Lions /Lioness Club of Maffra

JULY

- 11 District Changeover





Dear Fellow Lions,

It has been great to be out and about visiting our clubs, doing quite a few inductions of new members and hearing about all of the great things our clubs and members have been up to.

Last week I attended a gathering of Zone Clubs most of who had not received a DG team visit to date because of the Covid restrictions. What is really obvious is not only the vast range of projects taken on right across our District but even across a single zone. What is also obvious is that the clubs who are doing projects to improve the lives of those within their communities or enhance the infrastructure in their towns are the club who are doing better membership wise.

Last time I wrote about serving our communities rather than just being a fundraising tool for others. I talked about the experience from Need for Feed in that continued success came when we stopped concentrating on fundraising, and turned our focus to providing excellent service to the community we were seeking to serve. There is a lesson for us all in that.

Make an effort to find out what it is your community really wants or needs. Our membership teams can help you do that through a community needs survey. Make a point to find out how your members feel about their club and service experience, through a member satisfaction survey. It may not be the news you want to hear but it may be the information that determines ultimately whether your Club survives long term in an ever changing world.

I have long held the view that people join a community service organisation to serve

their community not to sit in meetings just talking and not just doing projects that raise funds to give away to some other group, unless that is really what they are happy doing.

Someone I know has the saying that being able to look the person in the eye who has just received a gift of something from you is the most powerful thing. I also have a saying that volunteers vote with their feet; they walk into our clubs because they want to contribute and they walk out because they don't feel valued or appreciated.

I recently visited club which almost folded last year because of lack of replacements for their leadership which had been decimated because of illness and death in their ranks. They felt that with no one to lead them why bother? What a difference a couple of new members with fresh ideas has made. We were also able to induct 2 more new relatively young members on the night. It is all looking up from here.

Next week Claire and I are off to Canberra for Council of Governors meetings in preparation for the Multiple District Convention. DGE Steve will be going up around the same time to complete his training in preparation for the next Lions year, which is fast approaching. Whether we are at the top of the tree in our clubs or district we're not too old or too experienced to listen to new ideas or find out about different ways of doing things. None of us knows it all. The dates are out for the Club Development Days. You will see that there is one near you in 3 different locations, Cranbourne, Trafalgar, and Bairnsdale. There is always something new to learn, even if you have done it all before, there is the opportunity to interact with

others to pass on some of our knowledge and exchange ideas.

On a more personal note, I would like to thank all who expressed their condolences and sympathies on the passing of my brother. Whether it's expected or not, it is never the news you want to hear. We were very close together in age and were virtually inseparable in our younger years. Even though we had a tough upbringing, one of the hardest things I have had to do was firstly to watch him suffer and then speak at his funeral. Hug your families and your friends, tell them you love them. Nothing in life is ever guaranteed.

We thank you all for your kind thoughts.

Yours in Lions,

DG Graham

Venues and Dates for Club Development Days

CRANBOURNE	30th May 2021 9.00am for 9.30am	RSVP 21st MAY 2021 Maurice Blackburn. 0419397508 GLT201v3@gmail.com	Cranbourne Secondary College - Brunt Street entrance
BAIRNSDALE	5th June 2021 9:00am for 9:30am	RSVP 28th MAY 2021 Maurice Blackburn. 0419397508 GLT201v3@gmail.com	The Hub 27 Dalmahoy St Bairnsdale
TRAFALGAR	6th June 2021 9.00am for 9.30am	RSVP 28th MAY 2021 Maurice Blackburn. 0419397508 GLT201v3@gmail.com	Trafalgar Community Centre 105 Princes Highway Trafalgar, 3824

I'm writing this article sitting on the banks of the Murray River at Barooga enjoying the peace. A short stop over on the way to Canberra Lions Convention.

I wanted to begin by thanking those club secretaries who have sent me their incoming officers, making it easier to collate the information that goes into the Multiple District directories. Your assistance is greatly appreciated.

As we start to head towards a new Lions year it is important to make sure all clubs President, Secretary, Treasurer, Membership chairperson, new members and all other club

members have registered their attendance for one of the three club development days at venues across our District. The first that will be held in Cranbourne at the Cranbourne Secondary College - Brunt street entrance - Cranbourne on the 30th of May

The others will be held at Bairnsdale on the 5th June and Trafalgar on the 6th of June. Please encourage all members to attend. I have been to one every year of my 30 years of Lions Life and have never failed to learn something new every time.

The other important date to put into your calendar is the District changeover at

Warragul on the 11th of July. Please refer to the flyer I sent out for further details. This is the first opportunity for us to get together to celebrate District Governor Graham's year and celebrate the beginning of the new District Governor Steve Boyce. Strict RSVP is in place due to Covid, so please RSVP to PDG Terry Hayler ASAP.

Stay safe and keep having fun as we respect the past and embrace the future.

Andrew McMahon

Cabinet Secretary

201V3

2nd Vice District Governor

David Culpitt

DGE Steve and I went to Mornington Lions Book Fair with the membership trailer we had a few of the public interested in hearing about Lions.

The trailer is a District asset and the members of the Global Membership Team are very keen to help as many clubs as they can in the coming months and years ahead to help grow our District.

If any clubs have got events coming up and they would like the District Membership Team to come along with the trailer to help them in promoting their club and Lions International please contact Colin Blythe and

he will be able to help you book in the Membership Team and the Trailer to come along.

We are now into May; The Lions year has gone very fast and with Covid it has been very hard getting out and about visiting clubs.

I will endeavour to see clubs in the coming weeks and if you have got an event on please let me know and I'll see if I'm available to come and help out.

It was a privilege being at the charter of the Lions Club of Casey. Well done PDG Norma

and her team getting this club off the ground.

I am very pleased to see our membership numbers still growing, well done everyone for keeping our District growing in what has been a very tough year.

Let's get as many people as possible along to the District changeover.

Regards

David Culpitt

2021V3 Changeover Luncheon

All Lions, partners and friends are invited to attend to

Celebrate the past and future Lion's year

When booking please advise any special dietary requirements.

Payment for the meal may be done on the day

It will be an

11.30am for 12pm start with a 3.30pm finish

On Sunday 11th July 2021

At The Warragul Country Club

41 Sutton Street Warragul

Lunch will be \$40 per head - 2 courses

To PDG Lion Terry Hayler

RSVP no later than the 2nd July 2021

By mail: 4/11 King Street, Warragul Vic 3820

Or by email: tha89654@bigpond.net.au

MENU

MAIN

- **Chicken breast, filled with ricotta, caramelised leek, and thyme, herbed wedges, broccolini, Chardonnay white wine sauce.**
- **5 hours slow cooked braised beef with seeded mustard mash potato, broccolini and red wine spiced jus.**

DESSERT

- **Sticky date pudding with double cream**
- **New York Style Cheesecake**

per person alternate drop

Drinks at bar prices.

Now supporting our global causes



Diabetes



Environment



Hunger



Vision



Childhood Cancer



Every 2 minutes, a child is diagnosed with cancer¹

AUSTRALIA

SAVING CHILDREN IN AUSTRALIA



The moment you learn your child has cancer is, quite literally, breathtaking. It's also the moment the word cancer becomes central to everyday life for families of almost 800 Australian children each year².

While advances in cancer treatment have saved many of these children, they haven't been able to save all. To give kids a better chance at living long

and healthy lives, Lions Clubs International Foundation and the Australian Lions Childhood Cancer Research Foundation have committed US\$3.2 million for genome sequencing. Funds will enable Garvan Institute of Medical Research to sequence the unique genomes of 400 hundred children with aggressive forms of osteoar and help doctors create precision treatment plans.

Ava Bell, a young cancer survivor, bravely shared her story at Lions International Convention, thanking LCIF and Lions for their support. Said Past International President Barry Palmer, who joined her, "More children like Ava will survive cancer and enjoy childhood, thanks to LCIF. We're grateful to our foundation for its support in saving our children's lives."

"More children like Ava will survive cancer thanks to LCIF."



Lions Clubs International
FOUNDATION

LIONS GLOBAL CAUSES—CHILDHOOD CANCER



The Australian Lions Cancer Research Foundation and Lions Club International Foundation (LCIF) have committed A\$4 million to fund the whole genome sequencing of 400 children with high risk cancers in Australia over 3 years.

This funding will enable Garvan to work with the Children's Cancer Institute to undertake

- the sequencing, analysis and the creation of a database which can be used by researchers and doctors worldwide. It could help kids everywhere have a better chance of a healthy life.
- It is also your chance to be part of a massive step forward in the fight against kids' cancers.

*The Lions Kids Cancer Genome Project (Genome Power) is a joint initiative of the **Garvan Institute of Medical Research**, the **Lions Clubs International Foundation** and the **Australian Lions Childhood Cancer Research Foundation**.*

Genome Power will be supporting Australia's national personalised medicine program for childhood cancer – the Zero Childhood Cancer Program, led by Children's Cancer Institute and the Kids Cancer Centre, Sydney Children's Hospital, Randwick. In its first three years, Genome Power will provide whole genome sequencing and analysis for 400 children with high-risk cancer in Australia who will be enrolled in the Zero Childhood



WANT TO KNOW MORE ABOUT **ALCCRF** ?

CHECK OUT THEIR WEBSITE AT

<https://alccrf.lions.org.au>

**WE BELIEVE
EVERY CHILD
DESERVES A CHANCE
AT A HEALTHY LIFE**

Is Your club supporting the coin-line world record attempt? It had to be delayed due to covid , but it's on again— contact them for more details, they are very willing to support you.

There are many examples of projects that might support research into Childhood Cancers — worth a read.



Australian Lions

Childhood Cancer
Research Foundation



ABN 73 902 500 922

PO Box 97 Mandurah WA 6210

2021 LIONS BIGGEST BBQ A MESSAGE FROM ALCCRF TRUSTEES TO ALL LIONS

To Lions, Lioness and Leo Clubs of Australia,

Welcome to the "Lions Biggest BBQ" for 2021 – a project that is still the largest fundraiser for the Australian Lions Childhood Cancer Research Foundation! This annual event gives Clubs across the country the opportunity to support their own Foundation's vision of 100% Survival for Kids with Cancer because "Lions believe that every child deserves a chance at a healthy life".

The COVID-19 pandemic has had a devastating effect on most Australians and curtailed all forms of fundraising usually performed by Lions Clubs, and BBQ's have been no exception! Funds raised in 2020 are down by as much as 70% with many Clubs being forced to cancel planned BBQ activities in line with State emergency legislation, relating to health requirements and restrictions on public gatherings.

In anticipation of all restrictions hopefully being lifted in 2021, we are again providing all Clubs with an updated Marketing Kit, plus information which highlights how best to promote the Lions Biggest BBQ activities in your local area. It's easy to register – simply complete the attached Application Form (ITP1) and return it in the Reply-Paid envelope to me at **PO Box 97, Mandurah WA 6210** or email to **peter@lambgroup.com.au**.

For any further advise, speak to your District ALCCRF Chairman or State Trustee, details of which can be found in the rear of the Marketing Kit. Your Club members and media contact can also download this information from the ALCCRF website at <http://www.alccrf.lions.org.au>

This year's 2021 Lions Biggest BBQ can take place any time over the next 12 months (regulations permitting) between January and December – when it best suits your Club. For every \$500 raised by your Club from the Lions Biggest BBQ, we will issue a numbered ticket which will go in a draw to win one of three BBQ's to the total value of \$2,500 – this draw will take place in January 2022.

The ALCCRF requires your Club's support to ensure our commitments to fund scientific and ground-breaking research into finding a cure for kids cancer continues unabated both now and into the future.

Thank you and good luck for 2021 Lions Biggest BBQ activities.

Peter Lamb,
PDG, Trustee, Lions Childhood Cancer Research Foundation



DON'T FORGET Everything you'll need to market and promote a successful 2021 BBQ is available to download from <http://www.alccrf.lions.org.au/>



Australian Lions

Childhood Cancer
Research Foundation



ABN 73 902 500 922

"Every child deserves a chance at
a healthy life"
Our Vision
100% Survival for kids with cancer

WIN one of three outdoor barbecues for your club!

Once again this year, we're running a competition where three lucky Australian Lions, Lioness or Leo Clubs will win one of three fabulous outdoor barbecues valued at a total of \$2,500. So, get your 'Intention to Participate' (ITP1) form back to us for a chance to win your club a brand new outdoor kitchen barbecue.

Competition closes on the 31st December 2021!

Each club that participates gets a ticket. For every additional \$500 raised, your club will get an extra ticket in the nation-wide draw.

Also, don't forget to order this year's Biggest BBQ aprons for your team to wear at your big event!

Good luck in the draw and for your Biggest BBQ 2021.



WIN! ONE OF THESE THREE FABULOUS
KITCHEN BBQS !!

Subject to availability at time of draw.
Otherwise, equivalent barbecue to be supplied.



Australian Lions Longest Coin Line Information



Australian Lions Longest Coin Line

28 March at 01:38

Lions Club of Elmore Vale members Christina Bryne, Jim Cowburn, Val Cragg and Garry Patten ran a Coin Trail at Jesmond Shopping Centre and thanks to the generosity of shoppers raised \$429.15 for the Coin Line!



Australian Lions Longest Coin Line

11 November 2020

cityofadelaidelionsclub mentioned you in a post:

CITY OF ADELAIDE LIONS CLUB

The Little Roarers Cubs Club held a market stall. They made wreaths of hope, placemats, garden stakes, bottlecap art works, cards and much more. They voted on which Lions Foundation they wanted to support with funds raised. They selected from Foundations they had learnt about and been involved with this year. They donated \$140.50 to ALCCRF & the longest Coin line.



Help open the door to a healthy life for a child with cancer

Donate today at alccrf.lions.org.au/



YARRAGON LIONS CLUB

Laat our meeting one of our members received his 10-year badge.

Our Food Van is still for sale.

We have reduced the price now to \$40,000.00 ONO.



Lion Ron Jones receiving his 10-year badge from President Peter Petschel

DROMANA LIONS CLUB

LIONS DOING THEIR BIT FOR THE ENVIRONMENT.

The Lions Club of Dromana operate two Opportunity Shops as our major fundraising activity and this gives us an avenue to collect used spectacles and used stamps either loose or in albums and other recyclable items.

Our volunteers are aware of the activities of the Lions Eye Health Program.

Each shop has a box for the collection of used spectacles and about four times a year these spectacles are collected and boxed up for delivery to the Lions Recycle for Sight processing centre in Clontarf Queensland.

Our volunteers are also aware of the activities of the Lions International Stamp Club.

As the stamps or albums become available they are collected and delivered to our Stamps Club collection representative Jack Millege from McCrae Lions.

All Opportunity Shops end up with clothing donations that are worn, torn and not suitable for resale. These items usually end up as land fill and can become an unwanted cost to the Op Shop. We are fortunate to have an arrangement with a recycle group who will take wearable clothing, shoes, belts, etc. and after sorting and processing pass these items on to charitable organisations within third world countries to be passed on to needy people.

We are also aware of the need to recycle newspapers, magazines and cardboard as well as the recycling of aluminium, metal and hard plastic items received as donations but not suitable for sale through the Op Shops.

This recycling is generally done through the Shire's recycling depots on a monthly basis or earlier if needed.

Graeme Wilson

WARRAGUL

Vale Kath Davine.

The Lions Club of Warragul is saddened to report the passing of Lioness Kath Davine on 18 April at the West Gippsland Hospital. Kath was a Charter Member of the Warragul Lioness Club and had attained over 38 years of service with the Club. She was aged 90. Kath was married to Life Member Lion Milo Davine who last year reached his 50 year milestone with the Lions Club of Warragul.

MORNINGTON LIONS

Mornington Lions Annual Book Fair 2021

Due to COVID restrictions on numbers the Mornington Lions Club held its annual Book Fair on the 10th & 11th April this year attracting holiday makers here on the Peninsula. Next year it will be back in January on the 8th & 9th



A wonderful project that all members of the Club are involved with. Along with our friends from various lions clubs, family members and the invaluable assistance of the 2nd Mornington Sea Scouts along with their parents and leaders, ably assisted us to unload and set-up on the Friday and again on the Sunday afternoon to pack-up and load the truck back to the storage container.

This year we had an amazing amount of books on offer, approx. 29,000 selling for \$1 and \$2 making the search by our bookie friends a lot of fun and very satisfying. As this Book Fair is becoming well known there were quite a number of dealers picking up bargains for a very small price.

Saturday morning saw the hall filling up adults and children taking armloads of books, or sitting quietly reading whilst taking a breather. The kiddies corner was a great hit again this year and the jigsaw puzzles were well received by the kiddies and their parents. Our Specialist Book tables were also well attended by those looking for rare or highly prized book selections. Many going to purchasers delighted with their find.



Pamela and John with children's books



Buyers kept the "stall Holders" busy!



Lion Frank Doherty sat at the entrance again this year with the gold coin donation bucket, all proceeds going to the NSW FLOOD RELIEF.

LIONS CHARITY GOLF DAY



TUESDAY 25th MAY 2021
WARRAGUL COUNTRY CLUB
SUTTON STREET
WARRAGUL VIC 3820

COST - \$15.00 PER PLAYER

(Men's and Ladies Trophies)

Provided BBQ supplying sausages, egg and bacon rolls.
Entry via time sheet or ring our pro shop on 56232353

RAFFLE 3 PRIZES - \$5 FOR 3 TICKETS OR \$2 EACH

**FUNDS GIVEN TO WEST GIPPSLAND LEGACY GROUP
AND LOCAL PROJECTS SUPPORTED BY LIONS WARRAGUL**

Warragul Lions Club thank the support given to us by the
Warragul Country Club management and staff allowing us to raise
these funds - also our sponsors,
**Vin Rowe Pl/L, Farnham Built P/L, Gippsland Phones (Nev Clements),
Bakers Delight (John Maher) Warragul.**



LIONS/LIONESSE CLUB OF MAFFRA



Invites You To attend their Official Club Charter
&
Annual General Meeting
Monday 21st June 2021
6.30 for 7.00pm start
At
Duart Homestead Maffra

Cost \$30 per head

Fay Anderson

President

0407090272

tomfay@bigpond.net.au

RSVP 5th June 2021

Sue Clifford

Secretary

0409565608

suecl04@hotmail.com

Do you have a favourite Recipe?

Do you like savoury or sweet ?

If you are asked to “ *bring a salad or sweet,*”

which do you choose?

Do you have any dietary restrictions

*(e.g. gluten free) which cause you to change
your recipes.*

Are you renown for any particular dish?

Send in your favourite recipe with a photo of
your dish or

perhaps of you sharing your favourite meal.



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LIONS CLUB OF CASEY



Mike Farey, Zone 12 Chairperson , presenting the flag set to Norma Barnard, Charter President

The Charter celebration was attended by 55 Lions and guests at the Cranbourne Public Hall.

IPDG Neil Wingrave handed over the Charter Certificate as it was in his year that we chartered and DG Graham presented the Club Banner on behalf of the District.

President Bob Rayner of the Hampton Park Lions Club presenting the gong and gavel.

The Lions Club of Casey was officially chartered in June 2020. However their celebration was held on the 11th. April 2021.

The Club chartered with 24 members as a multi cultural club - they have 5 different nationalities.

President Bob Rayner of the Hampton Park Lions Club presented the gong and gavel. Hampton part sponsored our Club.

Norma Barnard was elected as President after the death of Brendan McGreal. The Club will recognise Brendan on the gong as being the inaugural President.



Why did you Join Lions?

What are the best things you have discovered about being a Lion?

Share a few words and photo of your favourite Lions moment to connect our Lions Family

v3.newsletter@gmail.com

Zone 10 District Governor Visit & Dinner Thursday 22nd April at the Rye Hotel, Blue Water Room



Zone 10 clubs, Boneo, Dromana, McCrae & Rye members enjoyed a fantastic evening of food, fun and fellowship with our District Governor Graham Cockerell addressed Zone 10, before the end of his tenure .

All clubs were represented on the night with members taking part in the formal and informal proceedings. McCrae and Rye produced excellent static displays, along with Dromana they spoke about their projects, disbursements and how they support their local and wider communities

DG Graham spoke to us about his proud involvement in Need for Feed, and how this project has grown over time to be a Club in it's own right, he also shared other personal experiences which gave us an insight into his exceptional dedication to his Community and to Lions.

After a very quiet year, we managed to get together, share experiences, renew friendships and be reminded of why we joined the largest and greatest Service Organisation in the World

Gael Harvey

Zone 10 Chairperson



**LIONS INVEST
MILLIONS OF
DOLLARS INTO
ENVIRONMENTAL
PROJECTS**





This event is proudly hosted by
Twin Rivers lions Club Inc



Community Concert

Social change through musical excellence



Live Musical Festival

Saturday, May 15th

11am – 3pm

venue: Swan Reach Primary School

(outdoors - under cover)



On-site catering over lunchtime –
burgers, sausage sizzles along with
bottles of water & cans of soft drink

PROGRAM (order may change)

- 11.00am East Gippsland Brass
- 12.00pm Crashendo! Bairnsdale Youth(ful) Orchestra
- 12.45pm John Noble Quartet program (i- Tet)
- 1.30pm Canzona Brass Trio
- 2.15pm East Gippsland Symphonia
- 3.00pm Finish



The Foundation

The Foundation was formed by the Lions Club of Elwood and was a project of District 201V1.

The first trustees in 1980 were Lion Ian Collis (Elwood), Past District Governor Neil Armstrong, Lions Henry Bell, David Hatfield, Ploio Rustrumjee, and Roger Newton. Elwood had two trustees up until about 2000.

Lion Terry Colibon joined the Trustees in the early 90s, was Vice Chairman and took over from Neil as Chairman in the middle 90s until 2000.

Main fundraising in the beginning was donations from Clubs in District 201V1. From 1994 to 1997, the Foundation was the main beneficiary for the "Gown of the Year" (run by the fashion industry).

The Foundation funded research at the Monash Medical Centre from the beginning and was funding at \$10,000 per year (\$2500 each quarter) from interest earned. Currently donations are about \$5,000 per year.

How can you help?

Donations can be made by cheque and mailed to:

The Treasurer
L R & A M R F Australia
1 Palyah St
Diamond Creek Vic 3089

or

Direct funds transfer: CBA
Lions Rheumatism & Arthritis
Medical Research Foundation
BSB: 063 130
Account 1022 9690

With your details included and emailing the deposit details.



Need more information?

Please contact the L R & A M R F Australia Secretary/Treasurer who will be able to provide you with more information and any assistance you may need to help you make a donation to the foundation.

Secretary/Treasurer

Eric Gittins

E: gittinse@optusnet.com.au

M: 0411 244 779



LIONS RHEUMATISM AND ARTHRITIS MEDICAL RESEARCH FOUNDATION AUSTRALIA



www.lionsrheumatismfoundation.org.au

Donations



Donations from the Lions Club have funded the purchase of a Tecan HydoFlex plate washer (pictured above). This equipment allows the automated washing of tissue culture plates for a wide variety of applications, including many currently performed using the Tecan Infinite M1000 PRO multifunction plate reader. Donations from Lions Clubs, Australian Lions Foundation and Lions Clubs International Foundation have helped to purchase the equipment.



(L-R) FDG Eric, FDG Pauline, Professor Eric Morand, Lion Marie and Dr. James Harris

Monash Medical Centre Rheumatology Unit



Professor Eric Morand is a specialist rheumatologist, and Head of Monash Health/Monash Medical Centre Rheumatology Unit.

Rheumatoid Arthritis (RA) is an autoimmune disease, in many ways similar to lupus, that causes pain and swelling of the joints. The normal role of your body's immune system is to fight off infections to keep you healthy. In an autoimmune disease, your immune system starts attacking your own healthy tissues.

In RA, the immune system targets the lining of the joints, causing inflammation and joint damage.

RA usually affects smaller joints, such as the joints in the hands and feet. However larger joints such as the hips and knees can also be affected.

Osteo Arthritis (OA) sometimes called degenerative joint disease or degenerative arthritis.

OA is the most common chronic condition of the joints, affecting approximately up to 5 million Australians.

OA can affect any joint but it occurs most often in the knees, hips lower back and neck, small joints of the fingers and bases of the thumb and big toe.

Trustees

Current Trustees are all elected from Lions Clubs International District 201V1-4 on a 3 year rotational basis, with 2 elected each year:

Chairperson:

Past District Governor Pauline Harris

Secretary/Treasurer:

Past District Governor Eric Gittins

Committee Members:

Lion Marie Caven
Lion Winston van Halten
Lion Rodney Hales
Lion Selva Selvendra

Aims

- To maintain a fund, so as to support a Research Fellow.
- The fund's target is \$2 million.
- Current balance in January 2019 is \$340k

Contact Us

Lions Rheumatism and Arthritis Medical
Research Foundation Australia

1 Palyah St
Diamond Creek
VIC 3089

Phone: 0411 244 779

E-mail: lionsrheumatismfoundation@outlook.com





Australian Lions Hearing Dogs 2022 Calendars

Last year with the pandemic having a huge effect on the fundraising of most Lions Clubs throughout Australia many Clubs and individuals decided to support us by purchasing our Calendar.

Due to this overwhelming support we had a record number of sales which was fantastic considering that we couldn't sell via our normal streams which is through demonstrations at ALHD and talks in the community.

Hot off the press are our 2022 Calendar. We would love it if you could again support as well as considering the program for donation when our upcoming appeal is sent to every single Lions Club throughout Australia during the month of May.

Donations from Lions Clubs are now needed more than ever with our application list ever growing and the development of our new Medical Alert Program. Our wait time for a Hearing Assistance Dog is now over 2 years and every week we are sending out application to those in need. There has also been a large amount of interest in our Diabetic Alert Dogs without us even having placed our first dog.

If you or your club would like to purchase our Calendars please visit <https://lionshearingdogs.com.au/shop/2022-calendar/> or send an email to info@lionshearingdogs.com.au.

We hope that many of you will visit us at our stall at the upcoming National Convention in Canberra so that we can answer all your questions about the program.



AUSTRALIAN LIONS FOUNDATION LTD.
ABN 14 612 099840

"Helping Lions Help Their Community"

National Disaster Appeal – Flooding Queensland : New South Wales : Victoria

If clubs wish to donate, you can either send your cheque directly to the Treasurer of the Australian Lions Foundation or make a deposit direct to the National Appeal Fund Account, as detailed below. If you are making a direct deposit, **please ensure you put your club number as a reference** so that we are able to maintain records. Clubs please note that donations to the Disaster Appeal are not eligible for awards credits.

Account Name: National Appeal Fund

BSB: 036-048

Account No: 440704

Cheques payable to the Australian Lions Foundation can be sent to:

Treasurer Australian Lions Foundation

PO Box 278 Melville, WA 6956

STATE FINAL HELD AT MORNINGTON



Hannah Moon, Vanessa Hornby, Megan Partington, Anastasia Bearsley, Annmary Chalakkal

On Saturday 17th April 2021 we all gathered at the Mornington Bowling Club for the Victorian State Final for the Youth of the Year. District 201 V3 representative Vanessa Hornby was there participating in this great event.

A wonderful evening of friendship and wonderful speeches culminated in the end result of the Overall Winner Award and the Public Speaking Award.

As shown in the picture above, all students, Hannah Moon, Vanessa Hornby, Megan Partington, Anastasia Bearsley and Annmary Chalakkal, had a fun evening with potentially long held friendships were being displayed on the night.

Hannah Moon from Warrnambool College, who was sponsored by the Lions Club of Warrnambool was awarded the Public Speaking Award.



Hannah Moon with Dg Graham Cockerell



Anastasia Bearsley with DG Graham Cockerell

Anastasia Bearsley from Mentone Girls' Grammar School, who was sponsored by the Lions Club of Mordialloc / Mentone was awarded the Overall Winner.

Thank you must go to all the students who participated on the evening, you are all winners in our eyes.

The Lions Club of Mornington were the Hosts for this event, and thanks must go to all their club members, and a job well done to Aileen Shaw, President and Patricia Forsyth, Secretary.

Lion Colin Stevens, the YOTY State Coordinator was our Master of Ceremonies and thanks must go to Colin for organising and arranging all with the Lions Club of Mornington.

We all look forward to a bigger and better year next year for 2021-2022.

Julie Swan

YOTY District Chairperson 2020-2021

Lions Club of Frankston

DRIVERS NEEDED FOR SKIN CANCER SCREENING UNIT



David Underhay taken over the task of 'Driver coordinator' for the Skin cancer screening unit. The problem he has at the moment, is that there are not enough drivers for the V3, V5 & V6 districts. The minimum license requirement for drivers is

- a **Heavy Rigid (HR) qualification.**
- The drivers will also need to obtain a **'Drivers Work Diary'** from Vicroads.

We need more drivers to make this project a great success.

If you can help please contact David at underhay_d@hotmail.com

SAMSUNG TOP LOADER RECALL



IS YOUR WASHER AFFECTED BY THE SAMSUNG WASHING MACHINE RECALL? HERE'S WHAT WE CAN DO FOR YOUR MACHINE.

At Samsung, we're dedicated to your safety and peace of mind.

Over three years ago, we made a major discovery of a defect that could affect certain of our Top Loader washing machines, made between 2002 - 2012. In some cases, it can lead to a fire or injury to users by dislodging the lid during the washing cycle.

So, to help us address this issue with 100% of affected machines across the country:

From here on, please read the recall for the affected model name and serial number. The cost of the recall is free for you.

- REPLACED** with an improved model or
- RETURNED** for a full refund

Does it say you have already had your machine repaired or will be repaired? If you have already had your machine repaired, please do not return it to the store. If you have not had your machine repaired, please do not return it to the store until you have the right to return it when to do so.

1. BEFORE CALLING FIND THE MODEL NUMBER

The model number is located on the back of the machine.



Model Name: _____ Serial Number: _____

The model number and serial number are located on the back of the machine.

2. WHICH MODELS ARE AFFECTED?

WAS20N7Y00A	EW20N7Y00A
WAS20W7Y00A	EW20W7Y00A
WAS20W7Y00K	EW20W7Y00K

3. I HAVE AN AFFECTED MODEL. WHAT CAN I DO NOW?

Call us on 1300 363 636 (toll-free) or visit www.samsung.com

- 1. GO ONLINE**
Visit our website and click on the 'Recall' link. You can also visit www.samsung.com
- 2. EMAIL US**
Email us at samsung@au.samsung.com
- 3. CALL US**
Call us on 1300 363 636 (toll-free) or visit www.samsung.com

PEACE ESSAY—GRAND PRIZE WINNER

District Q1 celebrated the news that Brisbane's Joshua Wood was awarded the Grand prize winner in the LCI Peace Essay Contest. Announced at Lions Day at the United Nations in New York on April 10 Joshua's excitement must have been unimaginable!

Joshua's essay leaves no doubt as to his love and appreciation for his grandfather, and also to his winning credentials in gratitude, compassion and drive. In reference to his disability, he quotes his granddad as saying "you may not have sight, but you do have insight which is much more important."

What a wonderful achievement!

(from April DG Bulletin)

Read Joshua's essay below.

2020-2021 Lions International Peace Essay Contest

Grand Prize Winner Joshua Wood, 13 years old

Peace and Service Go Hand in Hand

I remember walking hand in hand with my Grandfather when I was a little boy. He was a very wise man, his grey hair highlighting his wisdom. His hands felt dry and rough, particularly to a child who uses his fingers to read.

It was many years later when I stood at his funeral that I realized the significance of those dry, rough hands. They were the hands that held mine and guided me when I was young. They were the hands of a young man, who went to War, sacrificing his own safety, to preserve freedom in our country. They were the hands of a man who held his dying mate in battle. They were the hands of a man who mowed the lawns of local elderly people. They were the hands of the man that had been awarded medals, yet didn't wear them as he felt he did not need recognition for his service. They were the hands of a man who truly understood what service meant.

My Grandfather planted a seed in my mind many years ago about the importance of service and its huge contribution to not only peace in our communities but providing inner peace as well. I often think about the conflicts, wars and fighting in the world and the sadness in many people's lives. I also often think about how selfless my Grandfather was by helping others without wanting anything in return. My Grandfather would say to me, "you don't have sight, but you have insight and that is much more important."

We can find inspiration from so many who have gone before us. Mother Theresa who served the poor in India. William Booth, Founder of the Salvation Army, who dedicated his life to helping the poor. The most inspiring for me personally, is Helen Keller who herself was blind and deaf, yet lived a life of service. Despite her disabilities she helped veterans blinded in World War 1, founded charities, advocated for the blind and poor and led the American Foundation for the Blind for over forty years. All these incredible people served others, and by doing so brought peace to the poor, wounded and hungry. A quote by Albert Schweitzer resonates with me, "the only really happy people are those who have learned how to serve."

I have made a promise to my Grandfather. That I will spread the word about serving others and how it not only promotes peace for others but also provides an inner peace that so many people are striving for. I can serve others despite my disability. I do not want to be self-focused but focused on others. I hope to inspire others to achieve peace through service. In the words of Mother Theresa, "The fruit of service is peace." I want to plant seeds of peace in my life and encourage others to do so also. Peace and service go hand in hand just like my Grandfather and I walking along many years ago.



"WE SERVE"
WHERE THERE'S A NEED
THERE'S A LION

MEMBERSHIP

When our membership grows

our communities grow, our service strengthens, our future brightens

Welcome to all our new members



Yarragon Lions Club.

Four New Lions Members

On 24th February we inducted four new members

District Governor Graham Cockerell inducted our new members who are

from left to right -

Allan Logan, Sharyn and Russell Gaul and John O'Mealy.

Sponsors

Sponsors play a vital role in developing new members into valuable club members, and in ensuring satisfaction from their membership of a Lions Club.

Consider some of the ways sponsors in your club support new members.

Please share your ideas through this newsletter and help develop stronger clubs.

**Victorian Lions
Foundation**





Lions remember . . .

*Thank you to the following Lions
for their service*

Deceased

DG Graham Cockerell - brother
Lions Club of Pakenham

Lion Barbara Morgan
Lions Club of Wellington/Latrobe

Kath Kath Devine
Lioness Club of Warragul



We wish the following Lions

and their family members a speedy recovery

On the Sick List

Lion Lynne Byrne

Lions Club of Trafalgar



Did you know . . .

**LIONS HELPED
FUND THE
BIONIC EAR**



**THANK YOU FOR YOUR SUPPORT OF THIS PUBLICATION -
PLEASE SEND IN YOUR ARTICLES, PHOTOS AND IDEAS**

Focus for the Next Issue will include :

VICTORIAN LIONS FOUNDATION

Submit snippets about what your club is doing to support the Victorian Lions Foundation activities.

Around the Clubs

Any activities your club has been involved in — a few lines and a photo(with caption) is all that is needed.

Lions National projects

- anything you are doing to support national causes

Youth projects

- Junior Public Speaking
- Peace Poster / Essay

Membership

- New members
- Membership awards
- Special things members have done
- **Ideas for developing SPONSOR programs for NEW MEMBERS**

Send your welfare reports to Patricia Forsyth rightset@bigpond.com

Photos welcome. Please supply a caption with names for all photos

Let's work together to build our Lions Family.

Please forward ideas for articles to v3.newsletter@gmail.com

Last date for copy for next issue is MAY 20th

**Articles are welcome anytime - please don't wait till the
deadline to submit**

(makes the job of editor much easier if there is a regular stream!)